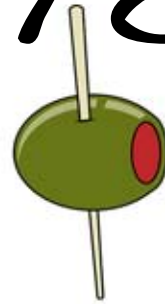


# Hattha Flow

# HAPPY HOUR



Wash the week away with movement!

Every Friday from 6-7:15 pm

Suggested donation \$10 per class or \$35 per month

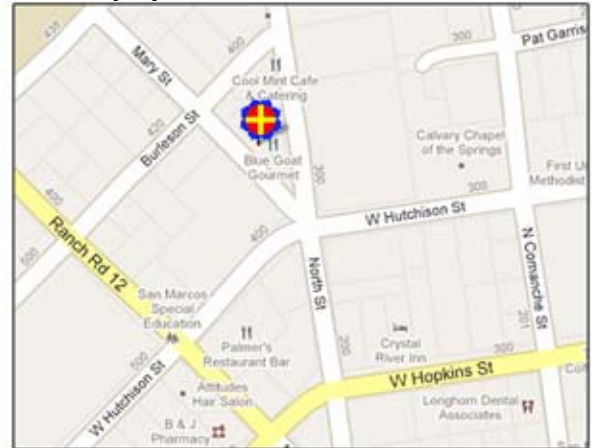
First class is free

*For more information:*

call Tristan at 512-217-0118

or visit: [www.yoga-and-health.org](http://www.yoga-and-health.org)

310 Mary by Hutchison and North in San Marcos



# Yoga + Health

San Marcos Community Yoga Center