

VOLUNTEER OPPORTUNITIES

BOARD OF DIRECTORS

We are seeking members to serve for two years

Requirements are:

- 1.) Passion for the mission and goals of Yoga and Health
- 2.) Willingness to develop the necessary skill to move Yoga and Health forward
- 3.) Commitment to work for Yoga and Health

Expectations:

- 1.) Attend a four hour Saturday afternoon Board of Directors training this winter
- 2.) Attend a four hour Saturday afternoon Fundraising training this spring
- 3.) Support and be faithful to the mission and goals of Yoga and Health
- 4.) Attend meetings faithfully and serve on committees effectively
- 5.) Participate in activities and events sponsored by Yoga and Health
- 6.) Encourage others to participate in activities and events sponsored by Yoga and Health
- 7.) Make an annual contribution to the organization, or procure contributions through fund raising or grant writing efforts

FUNDRAISING COMMITTEE

In order to develop resources to sustain the activities of Yoga and Health and the Community Yoga Center we need to develop a fully functioning fundraising committee. We are looking for:

- 1.) **An experienced Fundraiser** to volunteer on our advisory board and to provide oversight to our Fundraising committee
- 2.) **An experienced leader** to volunteer as the Fundraising Committee Chairperson
- 3.) **Enthusiastic volunteers** to serve as members of our Fundraising Committee

Requirements:

- 1.) Passion for the mission and goals of Yoga and Health
 - 2.) Willingness to develop the necessary skill to procure financial resources for Yoga and Health
- Committee members will be expected to:

- 1.) Attend a four hour Saturday afternoon Fundraising training this spring.
- 2.) Participation in fundraising events
- 3.) Attend scheduled Fundraising committee meetings

EVENT COORDINATOR

We are looking for someone experienced in planning and coordinating events. Specifically, we need someone to plan a seasonal celebration on the Saturday night closest to the winter and summer solstice and the spring and fall equinox.

We are looking for someone experienced in retreat planning to coordinate an annual Yoga and Health retreat.

NUTRITION EDUCATORS

We are seeking qualified professionals to provide basic nutrition education workshops quarterly.

CLUB LEADERS

We are seeking volunteers to serve as leaders of a walking club and a bicycling club.