

Carol D. Husbands is a spiritual director and Wisdom School faculty member at St. Mark's Episcopal Church in San Marcos, Texas. She holds a Master of Arts in Pastoral Ministry with a focus in Spiritual Formation from the Episcopal Theological Seminary of the Southwest. A graduate of the Spiritual Director Internship at Incarnate Word College in San Antonio she is an active member of the Spiritual Director Community of Austin and a member of Spiritual Directors International. Singing in the chancel choir and serving as a Lay Eucharistic Minister also keeps her busy at St. Mark's. Carol has been married to Tom Husbands for more than forty years. They have three grown children, one grandson and a grandkitty. She has practiced yoga off and on since the 1960's.

